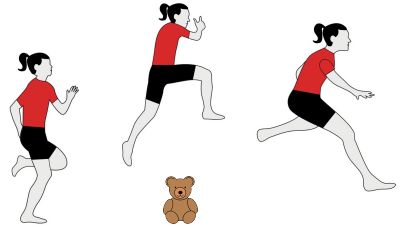# Obstacle Course
60 Second Challenge

Can you stay motivated and try and jump over as many objects as possible?

How many obstacles can you run around or jump over in 60 seconds?

Be creative! Place out objects; pillows, teddies around the space. Each time you jump over an object you score a point.

You need lots of objects and a large space. Use safe objects to jump over such as teddies and pillows.

Make it easier and see how many times you can jump over the same object in 60 seconds?

This game is best played outside in the garden with different family members.

Achieve Gold

35 points

Achieve Silver

25 points

Achieve Bronze

15 points