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Healthy Schools

MANCHESTER



As you are growing up and getting bigger, it is time to think about some really important health and safety topics. At the age of 7 or 8 you are old enough to be considered a Safety Detective and your Parent/Carer can act as your Senior Safety Detective! Work as a team to complete the four activities and make the home a safer place.

	To keep safe we will	
	1.	
	2.	
	3.	
S	Start date Junior detective name	
Fir	nish date Senior detective name	

JUNIOR SAFETY DETECTIVE	SENIOR SAFETY DETECTIVE
Detective name Stick or draw a picture of yourself here! Detective age Secret code number	Detective name Stick or draw a picture of yourself here! Detective age Secret code number

2

2-





Safety Detectives this is a fun activity to complete with your family. Cut out the puppets and then act out the safety situations.

You will need some scissors for the job. Remember to be safe and always ask for help.

You can make up your own situations too!



You are crossing a busy road. What safety rules should you follow?

You are playing in the kitchen while dinner is being cooked. What are the dangers and what could happen?

Some medicines have been left open on the table. Where should medicines be kept?

Your friend is cycling without a safety helmet on. What should you do and say to make it safer?

One of your friends is being bullied in the playground. What you do and say?

You are getting in the car to go on holiday. What should you do make it safe?

There is an emergency in the home and you have to call 999. What do you say to the operator?

-Notes for parent or carer

This is a fun activity to start to educate your child about safety. Use the finger puppets to act out the different situations. Take on the role of different characters and ask your child safety questions.





















This is a mental challenge and requires special safety knowledge. Read the questions and look at the pictures on the next page. Then take it in turns to choose which objects can answer the questions.

Talk about why you think rules are important and how the objects on the sheets can be dangerous if they are not used properly. Can you think of any examples when this has happened?









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Activity 2: Staying Safe (3)











Working together, use the symbols to decipher the health and safety codes. Once the codes are cracked - challenge your Senior Detective and write your own safety messages. Use a stop watch to time each other and see who can crack the codes the quickest.

















This is your final task and it is a physical challenge. With your parent or carer you will need to go for a walk and explore your local area. When you are out play 'I spy with my safety eye'. The aim of the game is to be the first person to spot a person doing a safe or unsafe activity.

When you have finished your walk, complete the safety worksheet about how the situations could have been made safer.



Notes for Senior Detective

This activity allows you to see how much children notice and how they learn from the behaviours of other people around them. After the activity, remind the children that accidents rarely happen and most situations can be made safer by following rules and taking care in dangerous situations.





Complete the worksheet below during or after your return from your walk.

Action	What was the danger?	How could this be safer?		
Phoning whilst driving				
Cyclists with no helmet				
Wearing headphones v	when crossing the road			
Draw your own picture	here			
Draw your own picture here				