



St Margaret Mary's Curriculum Statement

We try to follow Jesus in everything we do.

Physical Education

Intent

Our PE curriculum has been specifically tailored to meet the needs of our school community. It is designed to be broad and balanced, providing all pupils with the opportunity to be curious and active in their learning and knowledge. To be attentive and discerning in order to make sense of the world around them and give purpose as to why we learn about and from PE. This will help them become faith filled and hopeful in their abilities to change and transform themselves and our society.

PE enables our children to become healthy, independent and responsible members of society. It promotes physical skilfulness, physical development and knowledge of the body in action. Physical education provides opportunities for our pupils to be creative in such areas as dance and devising their own games. There are plenty of opportunities for children to be competitive and to face up to different challenges as individuals, in groups and teams. By giving pupils the opportunities to compete in sport and other activities it enables pupils to build character and help embed values such as fairness and respect.

Implementation

The teaching of PE is enhanced by LSC, who work across the school delivering all aspects of PE to support and upskill teachers in the delivery of fundamental movement skills through varied activities. The children in Lower Key Stage 2 attend swimming lessons as part of their PE provision.

KS1

At St Margaret Mary's we aim to provide KS1 children with broad learning opportunities to:

- develop fundamental movement skills
- become increasingly competent and confident in extending their agility, balance and coordination, individually and with others.
- be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

KS2

In KS2 the children's learning opportunities are applied and expanded to:

- learn how to use skills in different ways and to link them to make actions and sequences of movement.
- enjoy communicating, collaborating and competing with each other.

- develop an understanding of how to improve in different physical activities and sports
- learn how to evaluate and recognise their own success

The Foundation Stage

We encourage the physical development of our children in the nursery and reception classes as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Years Foundation Stage curriculum, which underpin the curriculum planning for children aged three to five years of age.

Impact

All children make progress in each year group to have the understanding and knowledge to perform a broad range of physical activities and skills confidently and competently. They are able to engage in physical activity for sustained periods of time and compete against themselves and others. They understand the importance of leading a healthy and active life. Children enjoy being physically active and St Margaret Mary's has instilled a lifelong habit of being physically active.

Assessment, questionnaires and surveys (from teachers and children) are used to inform curriculum planning to ensure children engage with their learning and their needs are met.